

# 2010 Upper Southeast Regional YMCA Short Course Championship Time Standards

13-14 Girls	Open Girls	Events	Open Boys	13-14 Boys
29.29	27.89	50 free	25.09	27.39
1:03.99	1:00.79	100 free	54.89	1:00.29
2:17.69	2:10.59	200 free	1:59.39	2:10.59
5:56.19	5:41.49	500 free	5:15.79	5:39.39
11:51.79	11:51.79	1000 free	11:16.69	11:16.69
19:42.39	19:42.39	1650 free	18:54.59	18:54.59
1:14.19	1:10.19	100 back	1:03.29	1:10.29
2:32.89	2:26.29	200 back	2:12.99	2:24.99
1:24.29	1:19.39	100 breast	1:11.79	1:19.79
2:53.99	2:45.19	200 breast	2:31.99	2:45.59
1:12.79	1:07.99	100 fly	1:01.09	1:08.09
2:31.79	2:24.19	200 fly	2:11.19	2:22.69
2:36.09	2:28.49	200 IM	2:15.69	2:27.69
5:12.79	5:00.89	400 IM	4:37.49	4:56.49